

Zap the Gap Extended

Marshall Park & Rice (MAR)

Updated Spring 2007 by GCMoore

Distance: 60.7 miles

Elevation Gain: 5,251 ft / 86.5 ft per mile

Note: Rest stop at 23.9 no longer exists. Rest stop at mile 24.4 - BP on right at corner.

For 51-mile route, stay on long route to mile 25.4, then R on 6th St. Continue on this and it turns into Happy Creek.

Leg	Mile		Directions
0.00	0.00	S	Frost St
0.20	0.20	R	US 17 Bus/55, W Main St @SS
0.50	0.70	L	721, Free State Rd
0.40	1.10	R	647, Crest Hill Rd (after I-66)
4.40	5.50	R	635, Hume Rd
11.50	17.00	R	US 522, Zackory Taylor Hwy @T
6.90	23.90	L	55, South St
	24.40		Rest stop at BP on right
0.50	24.40	R	US 340/55, S Royal Ave @TL
3.20	27.60	L	637, Guard Hill Rd (after 2nd bridge)
1.70	29.30	R	609, Ritenour Hollow Rd
1.50	30.80	R	627, Reliance Rd @T
0.30	31.10	L	US 340/US 522, Winchester Rd @SS
0.10	31.20	R	658, Rockland Rd
2.90	34.10	R	661, Fairground Rd @SS

Leg	Mile		Directions
1.20	35.30	R	Milldale Rd, Stickley Lane @T
0.20	35.50	BL	TRO 624, Morgan Ford Rd (becomes Happy Creek Rd)
1.30	36.80	S	CAUTION: ROUGH SURFACE ON BRIDGE!
1.80	38.60	L	647, Dismal Hollow Road (after I-66)
3.10	41.70	L	55, John Marshall Hwy @SS
0.30	42.00		REST STOP, EXXON ON RIGHT
9.60	51.60	L	TRO 55
0.00	51.60		TURN RIGHT FOR THE 57 MILE ROUTE (SEE BELOW)
0.40	52.00	QR	US 17/55, Winchester Rd @T
0.60	52.60	L	713, Maidstone Rd
2.70	55.30		CAUTION: RR X-ING @ BOTTOM OF HILL
0.80	56.10	R	713, Rectortown Rd @T (becomes 710)
4.20	60.30	R	Salem Ave
0.30	60.60	R	Frost St
0.10	60.70	S	Marshall Park & Ride

BL - Bear Left

BR - Bear Right

L - Left Turn

QL - Quick Left

QR - Quick Right

R - Right Turn

S - Straight

TL - Traffic Light

TRO - To Remain On

U - U-turn

X - Crosses

57 MILE OPTION

Elevation Gain: 4,861 ft / 85.3 ft per mile

	51.60	R	731, @T
0.10	51.70	L	F-184, Lea Rd
2.00	53.70	L	723, Ashville Rd
0.10	53.80	QR	F-185, Grove Lane

2.50	56.30	S	US 17 Bus/55, W Main St
0.50	56.80	L	Frost St
0.20	57.00	S	Marshall Park & Ride

Zap the Gap

Marshall Park & Rice (MAR)

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Distance: 50.1 miles

Elevation Gain: 4.294 ft / 85.7 ft per mile

Leg	Mile		Directions
0.00	0.00	S	Frost St
0.20	0.20	R	US 17 Bus/55, W Main St @SS
0.50	0.70	L	721, Free State Rd
0.40	1.10	R	647, Crest Hill Rd (after I-66)
4.40	5.50	R	635, Hume Rd
11.50	17.00	R	US 522, Zackory Taylor Hwy @T
6.90	23.90		REST STOP, 7-11 TO RIGHT
0.60	24.50	R	Manassas St (becomes Happy Creek Rd)
0.30	24.80	R	TRO Happy Creek Rd @ T (Cook Lane)
0.20	25.00	BL	TRO Happy Creek Rd (X Randolph Ave)
0.30	25.30	BR	TRO 647, Happy Creek Rd @ T (6th St)
2.70	28.00	R	647, Dismal Hollow Rd

BL - Bear Left

BR - Bear Right

L - Left Turn

QL - Quick Left

QR - Quick Right

R - Right Turn

Leg	Mile		Directions
3.10	31.10	L	55, John Marshall Hwy @SS
0.30	31.40		REST STOP, EXXON ON RIGHT
9.60	41.00	L	TRO 55 @ T (731)
			TURN RIGHT FOR THE 46 MILE ROUTE (SEE BELOW)
0.40	41.40	QR	US 17/55, Winchester Rd @T
0.60	42.00	L	713, Maidstone Rd
2.70	44.70		CAUTION: RR X-ING @ BOTTOM OF HILL
0.80	45.50	R	713, Rectortown Rd @T (becomes 710)
4.30	49.80	R	Salem Ave
0.20	50.00	R	Frost St
0.10	50.10	S	Marshall Park & Ride

S - Straight

TL - Traffic Light

TRO - To Remain On

U - U-turn

X - Crosses

46.4 MILE OPTION

Elevation Gain: 3,904 ft / 84.1 ft per mile

	41.00	R	731, @T
0.10	41.10	L	F-184, Lea Rd
2.00	43.10	L	723, Ashville Rd
0.10	43.20	QR	F-185, Grove Lane

2.50	45.70	S	US 17 Bus/55, W Main St
0.50	46.20	L	Frost St
0.20	46.40	S	Marshall Park & Ride